



Annual Review 2015-2016

About us

Faith in Elderly People (FIEP) is an ecumenical project, run by volunteers, concerned with the spiritual and personal needs of older people and especially those living with dementia and their carers. We were founded in 1992 as an offshoot of **Faith in Leeds**. We seek to improve the quality of life of older people in Leeds and beyond, including the nurture of their spiritual lives, and to raise awareness of the value of older people and the gifts they have to share.

Our work includes:

- **Encouraging** dementia-friendly churches
- **Nurturing** the spiritual lives of older people
- **Offering** advice and assistance in setting up local church based support and encouragement
- **Developing** resources: booklets, workshops and conferences.

Our achievements in 2015/2016...

Increased reach through our website

The launch of our website www.fiep.org.uk in March 2016 has been a significant step in helping churches and individuals find out more about welcoming and supporting people with dementia.

Our website has now had over **1,200** visitors, helping us promote and report on events relevant to later life in Leeds and the surrounding area, such as the 40th Anniversary celebrations of the Concord Interfaith Group.

The new website means that all the booklets FIEP has to offer are all available for ordering on-line.

FIEP publications

Growing Dementia-Friendly Churches £5

By Revd Gaynor Hammond

A practical guide for all churches who are seeking to be welcoming, inclusive and nurturing communities to all who enter their doors, including people who have dementia.

Help! We have Dementia! £5

By Revd Gaynor Hammond

An honest and practical guide to some of the experience of carers through successive stages of dementia.

Training Manual for Care Homes £3



By Revd Gaynor Hammond

Aimed at assisting staff understand the nature of spiritual needs and how to meet them.

A Daisy Among the Dandelions £3

By Revd Jackie Treetops

The detailed ways in which spirituality can be fostered in later life.

Holy, Holy, Holy £3

By Revd Jackie Treetops

Useful and helpful advice for those involved in ministry to people living with dementia.

The Wells of Life £3

By Revd Gaynor Hammond and Revd Jackie Treetops

Moments of worship with people with dementia and suggestions for action.

The Friendship Club £1

By Revd Gaynor Hammond

A practical way of caring for people with dementia and their carers.

The Memory Box £1

By Revd Gaynor Hammond

A practical guide explaining the why and how of developing a Memory Box.

Research

FIEP, along with Christians on Ageing, has been much involved in a study of family carers of persons with dementia. Revd Dr Albert Jewell, who is the lead researcher and also Vice-Chair of FIEP, has shared the findings at seminars in Bradford, Harrogate, Manchester and St Albans, Herts. Two articles are in process of publication and a report to the Churches is being prepared.

Events

Our highest selling publication is "Growing Dementia-Friendly Churches" which shows that more churches and organizations have caught the vision and recognized that people living with dementia and their carers can feel their faith is being kept alive and nurtured. This has meant that FIEP have been asked to speak at more conferences, and to lead more workshops and teaching sessions on being dementia-friendly.

A highlight of our year was being invited to be part of Dementia Awareness Week on Premier Christian Radio. Our Chair, Revd Gaynor Hammond, was interviewed on Saturday 21st May about her book "Growing Dementia-Friendly Churches" and gave a great plug for the FIEP website. FIEP have also been credited in helping to develop Livability's new *Developing a Dementia-Friendly Church: A Practical Guide* as a result of Gaynor's book.

2015

1. Sept 12th St Aidan's RC Baildon - *Dementia-Friendly Church (DFC)*



2. Sept 15th Rawdon Community Library, Leeds - *Dementia training*
3. Oct 16th Bristol Conference - *Dementia Training/Dementia-Friendly Churches*
4. Oct 20th Garstang, Lancashire - *Dementia Training*
5. Nov 19th Luther King House, Manchester - *Research Symposium DFC*

2016

1. March 12th Guiseley Methodist - *Dementia-Friendly Church*
2. March 14th Nidderdale Churches Together - *Dementia-Friendly Church*
3. March 19th Headingley Leeds: *Growing Dementia-Friendly Church*
4. April 16th Stockport - *Dementia Training/Dementia-Friendly Church*
5. April 25th Luther King House, Manchester - *Dementia Training with students*
6. April 27th Hipperholme Methodist Church - *Dementia-Friendly Church*
7. May 17th Shadwell Leeds - *Dementia Training*
8. May 28th Clayton Bradford - *Dementia Training*
9. June 25th York - *Dementia Training*
10. July 1st Harrogate - *Dementia-Friendly Church*
11. Sept 15th Deanery Synod, Gipton, Leeds - *Dementia-Friendly Church*
12. Sept 17th Birmingham - *Dementia Training*
13. Sept 24th Headingley Leeds – *Workshop: Leading Worship with People with Dementia*
14. Oct 22nd Horsforth Leeds - *Dementia Training*
15. Nov 3rd Exeter Devon - *Dementia Training/Dementia-Friendly Church*
16. Nov 19th Ramsbottom Lancs - *Dementia Training/Dementia-Friendly Church*

Future plans

When FIEP was started, 24 years ago, the older retired population of Leeds was not very ethnically diverse with the majority of older people considering themselves as Christian. This is no longer true. There are significant numbers of older Sikhs, Hindus, Muslims and Jews in Leeds and Bradford.

FIEP's Committee has agreed this offers a wonderful opportunity to explore what different faith traditions says about growing older. At the moment, FIEP's Committee is only made up of Christians. We want to find practitioners and contributors from the world's leading faiths who can talk from personal experience, discuss the practical and root practice in the credible (their own tradition) to explore what different faiths say about 3rd age possibilities and the transitions of life after paid work.

Our purpose has not changed. We will continue to seek to improve the quality of life of older people in Leeds and beyond, including the nurture of their spiritual lives, and to raise awareness of the value of older people and the gifts they have to share.

Gaynor Hammond

Chair FIEP

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